



सूचना का  
अधिकार

भारत सरकार  
मानव संसाधन विकास मंत्रालय  
उच्चतर शिक्षा विभाग  
शास्त्री भवन  
नई दिल्ली - 110 115

GOVERNMENT OF INDIA

MINISTRY OF HUMAN RESOURCE DEVELOPMENT

DEPARTMENT OF HIGHER EDUCATION

SHASTRI BHAVAN

NEW DELHI-110 115

Dated: 23<sup>rd</sup> August, 2019

Prashant Agrawal  
Director (IIT/IIIT)

D. O. No. 13-15/2019-TC

Dear Sir,

To give a much needed impetus to physical fitness and health of the citizens of India, 'Fit India Movement', will be launched by Hon'ble Prime Minister of India on 29<sup>th</sup> August, 2019 from Indira Gandhi Indoor Stadium, New Delhi.

2. IIITs have a very large student strength, who are the future of the country and should be physically and mentally fit. It is essential that a culture of physical fitness and good health is created within every IIIT for students, teaching & non-teaching staff etc., so that our campuses vibrate with healthy and energetic people full of enthusiasm for learning.

3. You are requested to carry out the following in respect of the 'Fit India Campaign':

- (i) Make arrangements on 29<sup>th</sup> August, 2019 to view the live telecast on Doordarshan of Launch of Fit India Movement by Hon'ble Prime Minister and take the Fitness Pledge, which would be administered by the Prime Minister. Every person should attempt some physical activity on 29<sup>th</sup> August and follow it up in his/her daily routine.
- (ii) Short video clips of the activities in campus on 29<sup>th</sup> August 2019 may be made.
- (iii) Encourage practice of sport/exercise/physical activities on the campus.
- (iv) Prepare and publicise fitness action plan of the institute on their websites and notice boards, and take concrete steps to spread the culture of physical fitness in the campuses.

4. I shall be grateful, if action taken in this regard is conveyed to this Ministry by the institute concerned.

With regards,

Yours Sincerely  
*Prashant Agarwal*  
(Prashant Agarwal)

To

The Directors,  
All IIITs (CFTIs & PPPs)

